

**PULBOROUGH & DISTRICT COMMUNITY CARE
ASSOCIATION**
Registered Charity No. 292359



**Building Bridges in the Community
since 1966**

ANNUAL REPORT 2008

Chairman's Report 2008

I have no crunches of any kind to report at Community Care, but 2008 did sometimes surprise us. The best surprise was the news that Saxon-Weald had acquired land at Old Mill Place, in order to build a replacement for Allfrey Platt. Both present and prospective residents of Allfrey Platt felt that their future in the village would now be secure. For us, it felt like winning the lottery, for the process we had started in 2006 led to a survey of Pulborough's need for supported accommodation. Then, thanks to some very hard work by many others, this splendid result was achieved. For Saxon Weald, after so many disappointments this must be cause for rejoicing. Full Planning Permission has now been received and the building is expected to be completed sometime next year.

Next, I should like to mention the changes in improving access to various parts of the village. Parking on the east side of Brooks Way is to be limited, by extending the double yellow lines. We suggested this to West Sussex County Council five years ago, but despite our lobbying them at an onsite visit from one of their officers, our proposal was rejected. Whilst understanding that some drivers will be inconvenienced by this move, we welcome it because it will make the area much safer for pedestrians as well as other drivers, but above all, it allows access for emergency vehicles that may need to get to and from the Village Hall. Secondly, yellow "No Parking" stripes have been painted across the entry to the footpath leading to Church Place from the station car park. This means that people using mobility scooters can now rely on getting from Station Road to the Medical Centre and shops on the London Road. This may seem a small matter but it is of huge importance to those concerned, who are doing their best to remain independent.

An accessible route to the East Glebe Field is presently under construction, thanks to efforts by the Pulborough Partnership. This should allow both push chairs and mobility scooters from Lower Street to avoid using the dangerous route up Church Hill.

Social Services and the NHS are now working together much more closely and for instance, we understand that from the beginning of April, help in the home for cleaning, and shopping is likely to be available for longer periods for those needing it, than has been the case to date. In addition, those above the eligibility requirements for this service should be able to buy these services privately for themselves.

The Partnerships for Older People Project (POPP) in Horsham, has now been operating for some months and this offers a single phone number where advice is available from well qualified people on both health and social services. This service has already been used by some of our clients who have found that home visits from POPP staff result in a better understanding of individual circumstances than could be expected from telephone conversations or letters describing their problems.

The news has recently been full of demands for tighter regulation, and this made me think that perhaps it would be a good time to mention how P&DCCA is regulated. As a Registered Charity, we are regulated by the Charity Commission. This regulation means that we have to submit an annual report to the Commissioners and this must include accounts which have to be independently examined. (The requirement for fully audited accounts no longer applies to charities like ours with a small annual income.) We first elected Trustees in 2003. We must have Trustees who agree to be responsible for overseeing the proper working of P&DCCA and whose names and addresses are known to the Commissioners. We have to provide details of how we raise funds and how we allocate them and ensure that all is done according to our constitution. (Copies of this document are available to anyone interested.)

I should like to take the opportunity this year of thanking all our Trustees for their willingness to take on these responsibilities and also for their unfailing support and hard work in keeping Community Care ready, willing and able to do the varied things which are listed in our

information leaflets. We have a completely reliable and totally unflappable Treasurer in Philip Migdale and we are very dependent on his skills. Elaine Crossley has long had an ear to the ground in Pulborough and is quick to spot needs and always ready to launch a new service, to train others in the skills required, (for example in the Volunteer Visiting Service) and very importantly, to share a joke, which keeps us all going. Betty Evans has been the lynch pin of the Lunch Club for more than 18 years and gives her time willingly to the shopping, planning and cooking involved and brings so much enjoyment to so many people on more than 40 Wednesdays every year. Monica Mason has represented the Minibus on our Committee for over 12 years. Her calm and thoughtful input helps with many of our deliberations and especially so in regard to co-ordination of all the village voluntary transport. The Wednesday Club has run on Joy Mullett's steam and good humour for the past 18 years. I have no idea why Joy does not run out of steam when she arranges so many outings and holidays besides the weekly social activities on Wednesdays. I think that the green lobby might be interested in using Joy's apparently everlasting energy supplies. Elaine, Betty, Monica and Joy have all served as Trustees for 6 years, and Philip for 5 years. When we welcomed Gill Boys as a Trustee last year, we might have thought that she would reduce her previous almost full time commitment when running Community Transport. Of course, having agreed to oversee our transport scheme in her capacity as a Trustee, it was not long before any ideas of work reduction were abandoned as Gill launched the People Helping People scheme. This has already proved its worth. Next Gill saw a request for writers to send news of community activities to the local newspaper and she now has another platform for local voluntary work, as she has become a Community Writer. Not satisfied with this, when Jean Seagrim mentioned that she would welcome an opportunity to retire from the organisation of the dancing classes at the village hall, Gill promptly stepped into the breach and all the dancing continues, to everyone's delight. We are very grateful to all those involved with the dancing for the splendid contribution they make to our funds.

Angela Symes who had worked tirelessly in heading up the Volunteer Visiting Service, for ten years, moved to Cheshire in December. Thanks to the willingness of volunteers who had worked with Angela for some time, arrangements were soon made for the service to continue smoothly. Angela handed over to the new team of six in November, before she moved away and Jill Westlake is now the contact person for VVS as you will see later in this report. We have every confidence in the new VVS and we are all much indebted to Angela for the splendid legacy she has left us.



Trustees and Committee members present Angela Symes with a token of their thanks for all her support and work for Pulborough & District Community Care

We are very grateful to the more than 100 volunteers who do so much work in Pulborough in so many different capacities. Without them the Trustees would be powerless. We are also heavily dependent on the multiple skills of our Secretary, Ann Kaiser who takes our meeting minutes and chivies us all in the kindest possible, but very persistent

way, to ensure we write our reports. Ann does many other things which are often unsung but which are not unnoticed, as well as being involved in much other work in the village. In addition, we owe a debt of gratitude to those who fund our activities, whose details are to be found in our Treasurer's report and accounts. We look forward to continuing to be available where needed in the village in 2009 and for many years thereafter.

Gwen Parr

PEOPLE HELPING PEOPLE

Contact: Gill Boys on 01798 831696

People Helping People is a new initiative on the part of Pulborough and District Community Care Association, established in Spring 2008. The aim is to look at new ways of attracting volunteers and make use of new technology such as the screens in the waiting room at Pulborough Medical Group. (Thanks to Dr. Tim Fooks for his help with this project.) To date by running intense advertising campaigns highlighting specific needs, over 20 new volunteers have come forward to help in various Pulborough activities.

A "Bookmark a Volunteer" campaign whereby bookmarks asking for volunteers for specific tasks have been handed out at local events and placed at potential reading places such as the library, station and waiting rooms has also attracted interest.

If you are interested in becoming a volunteer or would like to discuss your organisation's need for help please telephone **Gill Boys at People Helping People on 01798 831696.**



This is Tero, a PAT dog being given a bookmark as part of the “Bookmark a Volunteer” campaign.

VOLUNTEER VISITING SCHEME

Contact: Joint Co-ordinator Jill Westlake on 01798 812104

The Volunteer Visiting Scheme (VVS) began in Pulborough and the surrounding villages over ten years ago. We have 20 accredited visitors, who visit some 33 people in their own home or care home - mostly on a weekly basis. Two people are currently being trained; however, new recruits are always welcome! We provide a chance for a friendly chat as well as an opportunity to talk through any worries or concerns in complete confidence. We offer support to carers by allowing them to get out, knowing that they have left their relative or friend in safe hands. Not all the people we visit necessarily need regular contact but may require help only for a short time or just occasionally. We visit people who have recently been discharged from hospital and need more than a weekly contact in the first instance. After a few weeks, this may be reduced to a weekly visit. In

time, when they are able to manage for themselves, as they did before their stay in hospital, the visits may end if the client so wishes. We thank West Sussex County Council Social & Caring Services, Horsham District Council and Pulborough Parish Council for their generous grants. These donations have enabled us to run the scheme over the past year and to run further training courses for volunteers to help us meet the growing need in the community. The Table Top Sale in October, as always, proved an enjoyable morning as well as giving us an opportunity to raise some money ourselves. This year has seen significant changes in the running of VVS. Angela Symes who helped set up the scheme and ran it virtually single handed for the past ten years, made the decision to move nearer her family. We are all grateful to her for her untiring efforts and complete dedication to VVS. True to her commitment, Angela had carefully trained up other volunteers to take over her many roles which are now divided between six of us. That figure alone, indicates how much she did! We cannot thank her enough and wish her every happiness as she moves into this new phase in her life. If you would like a visitor please contact Jill Westlake on 01798 812104 or if you prefer, you may ask your Doctor, District Nurse or Social Worker to make the referral for you.

BALLROOM & LATIN AMERICAN DANCING

Jean Seagrim, the inspiration behind dancing in Pulborough, retired from the role of co-ordinator in July 2008. She will be greatly missed and her hard work is very much appreciated by all the dancers.

The dancing classes, led by Barry and Sue Bird, continue to be very popular and with the profits from the classes and money received from raffles held at party nights, being donated to P&DCCA, the classes are a useful form of fund raising.



Barry and Sue Bird, the excellent teachers of Ballroom and Latin American Dancing in Pulborough

Thanks go to Barry and Sue who make the classes so enjoyable and to some of the experienced dancers who give up their time to help at the beginners' class.

For more information please telephone the new **Co-ordinator Gill Boys on 01798 831696.**

POP-INTO-PULBOROUGH

Contact: Jean Seagrim – 01798 872540

Some of our visitors find the slope to the Hall a deterrent, but those that continue to pop in can have a chat, a coffee or tea and cake. Many buy eggs, recycled blank cards or bric-a-brac and have a go on the Tombola. The proceeds help toward the rent, but we do not charge to 'pop-in'. Coffee and tea is just 30p and we have a lovely view over the Brooks.

Although called Pop-into-Pulborough, PIP itself is fundamentally a venue to which all can come without obligation. Recently our numbers have been increased by 3 focused groups between approximately 10 and 11 am. On the first Tuesday of the month a group for exercise, collected by Dr. Ann Rankin, is led by NHS trained staff and aims to help prevent falls in older people.



**Siggy
Hills of**

Pulborough knitting one of the jerseys for Africa

On the second Tuesday, knitters of all skill levels gather in a corner of the Meadows Room for exchange of tips, patterns etc. Some just come along with jerseys or wools or to collect wool for home knitting. In 2008 we sent over 150 jerseys to Uganda, Congo, Nigeria and

Zimbabwe. We also sent hats and jerseys to Kenya and our picture shows Siggy, of Pulborough sewing up her jersey and Jacquene from Northern Kenya wearing it. The knitters get pleasure out of knitting to help those they see on the TV and the recipients send back such grateful thanks.

On the third Tuesday there is a meeting for those with sight problems. This year we have had 2 excellent talks from the Macular Society as well as demonstrations of equipment etc.

In 2008 PIP organized trips and pre-Christmas lunches at The Tea Rooms for all our helpers and groups.

PIP hopes to continue to be a welcoming coffee morning for all.



Young Jacquene from Northern Kenya wearing the jumper made by Siggy Hills in Pulborough

TOE NAILS

Contacts: Mrs. Jean Seagrim 01798 872540

Mrs. Joy Mullett 01798 872413

For those with healthy feet who cannot cut their own toenails, but who have no health problems such as diabetes or circulatory ailments.

Approximately 25 clients come in 2 rotas every 12 weeks and our Chiropodist, Mr. Foulks is much appreciated for his skill and friendliness. I am very grateful for the assistance of Christine in running the sessions

WEDNESDAY CLUB

Contact: Mrs. Joy Mullett 01798 872413

January started with our annual trip to the Ice Show and the Panto. Throughout the year we had several outings and visits to the theatre. Our holiday was in July when we were staying at a super hotel in Paignton. Considering the poor summer, we were reasonably lucky with the weather and even when it was miserable outside the hotel, we had a sunny time indoors! During November we had a Turkey and Tinsel holiday in Eastbourne and in December our Christmas Party.

Each Wednesday we played short mat bowls and all the usual card and board games, darts and the occasional bingo. There were two or three 'special' birthdays which were celebrated in style.

Thanks to the Minibus Association who all work hard to get our members to the Club and home safely. Special thanks go to my committee at the Club who help in making it all happen each week.



Eileen Bryant raising her glass at the Turkey and Tinsel holiday in Eastbourne.

LUNCH CLUB

Contact: Mrs. Betty Evans 01798 874254

The years pass so quickly when you are busy and it is time for another annual report. Our numbers have remained static, between 40-48 each week. We have an excellent team of helpers each Wednesday and without them and the ladies who make puddings for us, not forgetting René's soups etc., there would be no Lunch Club. So a big thank you to everyone from the members who lunch and myself. I must just say a thank you to Gill Boys who has recruited several new pudding ladies recently.



Lunch Club Christmas Lunch with Betty and her helpers

PULBOROUGH COMMUNITY TRANSPORT

Contact: Mike Clenshaw 01798 872371

Pulborough Community Transport is a service for people living in our area who are unable to use public transport, owing to incapacity of various kinds. It is made possible by many selfless volunteers who gladly give up their time to take people to essential appointments and on social outings. This year several new drivers have volunteered to help which is very encouraging for everyone. The cost of trips to the local surgery continues to be subsidised by both rural access funding and contributions from the doctors at Pulborough Medical Group, for which we are extremely grateful. This last year we have undertaken approximately 1,500 journeys of which about half are surgery runs. The remainder consists of hospital appointments, visits to dentists, opticians, chiropractors, physiotherapists, podiatrists, hairdressers, meetings, relatives and shopping trips. All in all a wide spectrum of needs have been met. Thanks once again to the wonderful volunteers who make this possible



Mike Clenshaw and the Sharan vehicle available for wheelchair users

REPORT ON GOOD NEIGHBOURS SCHEME

Contact: Terry Donnelly on 01798 874101

Pulborough has the reputation of being a friendly village. It helps having Good Neighbours to be there to help any newcomers by welcoming them and giving them local information. Last year I received the new directories and distributed them to the village Good Neighbour volunteers who hand them to new neighbours.

We are always looking for representatives, especially in areas of new development and I will be happy to explain what is involved if people would like to contact me on my home number **01798 874101** and I shall be pleased to answer any questions that may arise.

COMMUNITY MINIBUS (PULBOROUGH) ASSOCIATION

The Community Minibus continues to visit Horsham, Chichester and Worthing on Mondays.

Particularly popular with the passengers are the trips to Tesco's and Sainsbury's on Tuesdays and the Lunch Club on Wednesdays. On Fridays, the bus picks up passengers from Coldwaltham as well as Pulborough for shopping, visits to the Bank and the Library, then coffee at The Tea Rooms.

Villagers welcome transport to the Village Hall for the market held on the last Saturday in the month and also to other events that take place in the Village.

To use this excellent "door to door" service or to become a driver or escort please contact **John Denison on 872613**



Members of the Wednesday club visiting Brighton City airport on their way home from 'Turkey and Tinsel' break in Eastbourne

TREASURER'S REPORT 2008

I am happy to report that the Association's finances are in good shape. We have to thank West Sussex C.C., Horsham D.C. and Pulborough P.C. for that, along with all of the individuals who organise things on our behalf and who make donations in cash and kind.

P R Migdale

**Pulborough & District
Community Care Association
Accounts for the year ended 31 December 2008**

	£	2007 £
Income		
Grants		
Pulborough P.C.	1,350	1,300
West Sussex C.C.	15,820	6,070
Horsham D.C.	900	1,350
Donations		
Tesco Charitable Trust	-	1,000
Other	3,363	3,184
Dance class income	7,874	7,212
Management charge	3,448	2,821
Subscriptions	839	822
Lunch sales	2,575	2,101
Other sales	974	882
Training charges	-	30
Fares	3,518	3,938
Fund raising		
Table Top sale	426	407
Raffles	498	601
Flag day	355	333
Interest	<u>1,196</u>	<u>1,002</u>
Total incoming resources	<u>43,136</u>	<u>33,053</u>

**Accounts for the year ended 31 December 2008
(continued)**

	£	£
Resources expended		
Honoraria	2,300	3,200
Volunteers' expenses	3,812	3,839
Dance instructors' fees	3,960	4,753
Printing, postage and stationery	572	636
Insurances	361	355
Rent	5,536	6,945
Telephone	1,587	1,600
Salary costs	7,769	-
Other expenses	583	479
Volunteer training	-	530
Catering supplies	2,062	2,026
Cost of outings	1,429	608
Donation	35	-
Vehicle running costs	3,274	3,974
Vehicle depreciation	<u>1,667</u>	<u>1,667</u>
Total resources expended	<u>34,947</u>	<u>30,612</u>
Net incoming resources	8,189	2,441
Assets introduced from Pulborough Dial a Ride	<u> </u>	<u>22,586</u>
Net movement in funds	8,189	25,027
Total funds brought forward	<u>40,792</u>	<u>15,765</u>
Total funds carried forward	<u>48,981</u>	<u>40,792</u>

**Accounts for the year ended 31 December 2008
(continued)**

Balance sheet at 31 December 2008

	2008	2007
	£	£
Fixed Assets		
Tangible assets		
Cost	10,000	10,000
less Depreciation	<u>3,333</u>	<u>1,667</u>
	6,667	8,333
Current assets		
Debtors	804	1,330
Cash at bank and in hand	43,784	32,628
Total current assets	<u>44,587</u>	<u>33,958</u>
Creditors	<u>2,273</u>	<u>1,499</u>
Net current assets	42,314	32,459
Total net assets	<u>48,981</u>	<u>40,792</u>
Funds of the Charity	<u>48,981</u>	<u>40,792</u>

Signed on behalf of the Trustees 20.02.09

G D Parr

P R Migdale

Auditor's report

I have examined the books and records of Pulborough & District Community Care Association for the year ended 31 December 2008. In my opinion, the accounts reflect the income and expenditure of the Association for the year and its position at 31 December 2008.

H D Anthony FCA

20.02.09

**Welcome to the
ANNUAL GENERAL MEETING
on Wednesday 18th March, 2009
at 2.30pm in The Arun Hall ,
Pulborough Village Hall**

AGENDA

1. Apologies for absence
2. To approve the Minutes of the Annual General Meeting of 2008
(Please see next two pages)
3. To adopt the Annual Reports and Accounts
4. To elect Officers and Committee
5. Any Other Business

We are pleased to welcome our guest speakers
Sheila Peever from Community Link Alarm

**Robin Charter Chairman of Saxon Weald
and
Mr. Richard Donelly,
the Development Director of Saxon Weald**

Please join us for refreshments afterwards

**MINUTES OF THE ANNUAL GENERAL MEETING held on
WEDNESDAY 19th MARCH, 2008 at 2.30pm in
The Arun Hall, Pulborough Village Hall**

The Chairman extended a warm welcome to all those attending the Annual General Meeting of Pulborough & District Community Care Association and heartily congratulated Jean Seagrim on being awarded the MBE. In reply Jean thanked the Chairman for her good wishes and felt the award was also a recognition of all of those many people who have worked with the Association at different times over the past 42 years in Pulborough.

1. Apologies for absence

Apologies were received from:
Robin Charter of Saxon Weald, Jean Brown HACVS,
Councillor Roger Paterson,
Fr. Paul Welch – Rector of St. Mary's Church

2. To approve the Minutes of the AGM in 2007

The Minutes had been previously circulated in the Annual Report booklet and were being a true record were signed by the Chairman.

3. To adopt the Annual Reports and Accounts

Betty Evans reported that the average age of Lunch Club helpers was 67. This had been omitted from the table on page 6 of the Annual Report.

With this omission noted, the proposal to adopt the Annual Report and Accounts was made by Gordon Blackburn, seconded by Stuart Henderson and passed unanimously.

4. To elect Officers and Committee

Gill Boys has retired from organising the Community Transport Scheme and grateful thanks were expressed for her hard work in establishing a flourishing scheme. It is proposed that Gill will become a Trustee.

Mr. Mike Clenshaw has taken over the running of the Community Transport from January and the Chairman proposed he be elected as a Committee member.

The following people were then unanimously elected to office for coming year:

Mrs. Gwen Parr	Chairman and Trustee
Mr. Philip Migdale	Treasurer and Trustee
Mrs. Elaine Crossley	Trustee (Volunteer Visiting Scheme)
Mrs. Betty Evans	Trustee (Pulborough Lunch Club)
Mrs. Joy Mullett	Trustee (Wednesday Afternoon Club)
Mrs. Monica Mason	Trustee (Community Minibus Association)
Mrs. Gill Boys	Trustee (Volunteer Recruitment)
Mrs. Jean Seagrim	Committee (Co-ordinator, Pop-into-Pulborough Toenails and Dancing)
Mrs. Angela Symes	Committee (Volunteer Visiting Scheme)
Mr. Mike Clenshaw	Committee (Community Transport Scheme)
Mr. Stuart Henderson	Committee (Patients Forum)

5. **Any Other Business**

The Chairman then thanked all the volunteers who work so hard for the Association. Many people in the Village and surrounding district benefit from the Community Transport drivers, not only for journeys to surgery and hospital but social outings also.

The Volunteer Visiting Scheme visits the housebound and also does light shopping, changing library books etc.

Pop-into-Pulborough not only has a regular Sight Problem Group but has now introduced a knitting circle morning which is supporting a project for knitting for African children.

Ballroom and Latin American Dancing, together with Line Dancing goes from strength to strength and is keeping people fit and healthy.

The Toenail cutting service is greatly appreciated by those who are no longer able to cut their own toenails.

In August last year members of the United Reformed Church ran a holiday afternoon club at the URC Hall. This was greatly appreciated by people while Lunch Club and Afternoon Club organizers took a well-earned summer break.

Finally the Chairman thanked Pulborough Parish Council, Horsham District Council and West Sussex County Council for their grants. Thanks also went to all those who had given donations throughout the year and to Tesco who had given a £1,000 donation.

The Meeting closed at 2.25pm and the Chairman was pleased to introduce Mrs. Charlotte Drew from the Alzheimer's Society as the guest speaker.

P&DCCA LIST OF MEMBERS

Chairman: Mrs. Gwen Parr Trustee

Lordings, Station Road, PULBOROUGH,
RH20 1AH Tel: (01798) 872872

Treasurer: Mr. Philip Migdale Trustee

Meadowlea, Stream Lane, NUTBOURNE,
RH20 2HG Tel: (01798) 813704

Secretary: Mrs. Ann Kaiser

Stane Street Hollow, Codmore Hill, PULBOROUGH
RH20 1BG Tel: (01798) 872819

Trustee Mrs. Elaine Crossley

(Volunteer Visiting Scheme)

King's Cottage, King's Lane, PULBOROUGH,
RH20 2EB Tel (01798) 872929

Trustee Mrs. Betty Evans (Lunch Club)

1 Beaumont Court, Skeyne Drive, PULBOROUGH,

RH20 2BA Tel: (01798) 874254

Trustee Mrs. Monica Mason (Community Minibus)
Downlands Lodge, Rectory Lane, PULBOROUGH,
RH20 2AD Tel: (01798) 873003

Trustee Mrs. Joy Mullett (Wednesday Club)
West Mare, West Mare Lane, PULBOROUGH,
RH20 2EA Tel: (01798) 872413

Trustee Mrs. Gill Boys (PHP and Dancing)
Vermont, Bury Gate, BURY, RH20 1NL
Tel: (01798) 831696

Co-ordinator and committee

Mrs Jean Seagrim (PIP and Toenails)
Hill Farm, Hill Farm Lane, PULBOROUGH,
RH20 1BW Tel: (01798) 872540

Committee: Mr. Mike Clenshaw (Community Transport)
2 Maple Leaf, COLDWALTHAM, RH20 1LN
Tel: (01798) 872368

Committee: Mr. Stuart Henderson
P&PI Forum
(Public and patient involvement).
Tilridge, Rectory Lane, PULBOROUGH,
RH20 2AE Tel: (01798) 873119